



WIS CAREER SYMPOSIUM

WYNDHAM GRAND CLEARWATER BEACH

FEBRUARY 7-9, 2025

Clearwater Florida

FRIDAY, FEBRUARY 7, 2025

2:30 PM - 4:45 PM | WORKSHOP SESSIONS

SESSION A: UNDERGRADUATES AND MEDICAL STUDENTS

Moderator: TBD

Panelists: TBD

Creating a Powerful Presence

- The Science Behind First Impressions
- Dressing with Confidence and Style
- Professional Etiquette: Navigating Social and Business Settings
- Communicating Your Value in 30 Seconds – Elevator Speech

Building Your Professional Identity

- Crafting Compelling Personal Statements That Stand Out
- Research Opportunities That Open Doors
- Exam Strategies: Mastering MCAT and Beyond
- The Journey to Authenticity: Embracing Imperfection

Financial Fitness & Stress Management

- Smart Financial Choices for a Stress-Free Career
- Balancing Debt, Dreams, and Wellness

Interactive Role Play

- Acing the Interview: From Preparation to Execution
 - Interactive Interview Simulations
- Creating Meaningful Connections
 - Networking Bingo: Finding Your Future Mentors
 - Building Lasting Mentor-Mentee Relationships

SESSION B: RESIDENTS AND FELLOWS

Moderator: TBD

Panelists: TBD

Charting Your Path: Residency or Fellowship

- Building Confidence: Finding Your Voice in Medical Teams
- Thriving in Teamwork: Standing Out Without Overshadowing
- Decoding Residency Programs: Key Factors to Consider

Financial Success for Your Future

- Money Matters: Building a Smart Financial Plan
- Managing Debt Without Losing Sleep
- Navigating Contract Offers: Negotiation Strategies That Work

Unlocking the Power of Professional Societies

- Choosing the Right Society for You
- Making the Most of Membership: Opportunities You Can't-Miss
- Networking That Opens Doors



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FRIDAY, FEBRUARY 7, 2025 *(continued)*

SESSION C: AWS

Moderator: TBD

Panelists: *TBD*

5:00 pm – 6:00 pm **POSTER SESSION**

6:15 pm – 9:00 pm **WELCOME RECEPTION AND 15TH ANNIVERSARY CELEBRATION**

SATURDAY, FEBRUARY 8, 2025

7:00 am – 8:00 am **NETWORKING BREAKFAST**

8:00 am – 8:15 am **OPENING REMARKS**

PLENARY SESSIONS

8:15 am – 9:15 am **PLENARY 1: SHARED PRIORITIES IN SURGERY AMONG Z, Y, X GENERATIONS, AND BABY BOOMERS**

- Reshaping Surgical Culture
- Priorities and Concerns Among Different Generations
- Equity & Diversity
- Mentorship & Sponsorship
- Transitioning Leadership Roles in Surgical Societies and Institutions
- How are payers influencing surgical priorities across generations?
 - The Role of Payers in Shaping Surgical Practice: Exploring Value-Based Healthcare and Its Impact on Providers and Health Systems

9:15 am – 9:45 am **Break with Industry**

9:45 am – 10:45 am **PLENARY 2: TECHNOLOGY TRANSFORMING SURGERY**

- Women surgeons are advancing in healthcare innovations & Robotic Surgery.
 - Gen Y/Z women surgeons tend to easily embrace new technology: Simulation Training, Robotic Surgery, Telesurgery
- Different Generational Approaches to Adoption of Surgical Technology
- Implementing AI into your life and practice
- Art of Social Media in Building a Practice:
 - Educating Patients, Referring Physicians, and Colleagues
 - Balancing Connectivity and Professionalism

10:45 am – 11:45 am **PLENARY 3: GLOBAL PERSPECTIVES ON WORK CULTURE IN SURGERY**

- Cross-cultural and Cross-generational Insights into Equity, Safety, and Work-Life Balance
- Regional Variations in Surgical Practices and Expectations
- The Role of Cultural Norms in Surgical Training and Patient Care

11:45 am – 12:45 pm **PLENARY 4: REPRESENTATION IN SURGERY**

- Breaking Barriers in Male-Dominated Fields
- Strengthening Diversity Across Gender, Racial, and Ethnic Lines
- Hard Work, Resilience, and Competence
- DEI in a Changing Landscape: Responding to Challenges After the Supreme Court Ruling

12:45 pm – 2:15 pm **NETWORKING LUNCH**



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SATURDAY, FEBRUARY 8, 2025 *(continued)*

2:15 pm – 3:15 pm **PLENARY 5: COLLABORATING WITH INDUSTRY**

- Building Relationships and Opportunities with Industry Partners
 - Importance of Industry Collaboration
 - Surgeons' Roles: Consultant, KOL, Speaker, Innovator, Investor
 - Using Social Media to Attract Industry Opportunities
- Addressing Disparities in Women Surgeons' Involvement with Industry

3:15 pm – 3:45 pm **Break with Industry**

3:45 pm – 4:45 pm **PLENARY 6: FAMILY AND CAREER IN SURGERY**

- Generational Approaches to Balance Family and Career
 - When is the Right Time to have children?
Medical School, Residency, Fellowship, First Job?
 - What are the Challenges?
 - Are there any Solutions?
- Fertility Issues?
 - Freezing Embryos or Eggs, Embryo Donation
 - Adoption
 - Single Parenting
 - Women content without having children

SUNDAY, FEBRUARY 9, 2025

7:00 am – 8:00 am **NETWORKING BREAKFAST**

9:00 am – 11:00 am **PARALLEL SESSIONS**

SESSION A: UNDERGRADUATES AND MEDICAL STUDENTS EXCELLING IN THE MEDICAL SCHOOL JOURNEY

- Cracking the Code: Your Ultimate Guide to Medical School Applications
- Beyond the Basics: Adding Personal Flair to Create a Standout Application
- Insights from the Experts. A Day in the Life of: HPB Surgeon, Colorectal Surgeon, Orthopedic Surgeon, Neurosurgeon, Plastic Surgeon
- Building Mental Strength: Turning Healthcare Stress into Resilience
- Achieving Harmony: Practical Strategies for Sustainable Wellness
- Q&A Panel – All Faculty

SESSION B: RESIDENTS AND FELLOWS

BUILDING BLOCKS TO SUCCESS AFTER SURGICAL TRAINING

Pros and Cons of joining an Academic Program versus a Community Program

- Building Connections That Matter: Creative Networking and Community Trust
- Breaking Barriers: Strategies to Overcome Bias in Your Practice
- Detailed Instructions: How to be a medical influencer on Social Media
- Rising to Leadership: Navigating Institutional Roles with Confidence
- Q&A Panel – Wisdom from the Faculty

SESSION C: ATTENDING (AWS)

11:00 AM – 11:15 AM **CLOSING REMARKS**